

CURRICULUM VITAE

NO.15, Mariyamman koil street,
Arasur, Sulthanpet,
Puducherry-605 110
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PRAMILA. R

OBJECTIVE:

A credible, effective and efficient lecturer with proven expertise in conveying knowledge to learning individuals, responsible for delivering lecturer, grading papers and exams; in charge of delivering quality instructions and lectures ensuring student satisfaction; has a good and strong communication and interaction skills; has proven ability in conducting research with through knowledge.

EDUCATIONAL QUALIFICATION:

COURSE	INSTITUTION	BOARD	YEAR OF COMPLETION
M.Sc. Nursing	Indirani College of Nursing, Puducherry.	Indian Nursing Council	2020
B.Sc. Nursing	Sri Manakula Vinayagar Nursing Collage, Puducherry.	Pondicherry University	2017
HSC	Kannagi Government Girls Higher Secondary School, Villianur.	State Board Of Pondicherry	2013
SSLC	Kannagi Government Girls Higher Secondary School, Villianur.	State Board Of Pondicherry	2011

WORK EXPERIENCE:

- One year working experience as a Staff Nurse (FSW,OG) in Sri Manakula Vinayagar Medical College and Hospital (SMVMCH), Madagadipet, Puducherry.
- Carried internship at SMVMC&H for 2 months.
- Working as a Nursing Totor, Department of Obstetrics and Gynecological Nursing, E.S. College of Nursing, Villupuram from 08.02.2021 to till date.

MEMBERSHIP:

- Life membership in Universal Society for Research and Development.

AWARD:

- Young women researcher award 2022 from Universal Society for Research and Development

PRESENTATIONS:

- Has presented a e-Poster on "Social Responsibility in Health", during International conference on BIOETHICON 2019.
- Scientific paper presentation done on "A study to assess the effectiveness of health promotion program on reproductive health among visually challenged adolescent girls in Anandharangapillai government special school at Kalapet, Puducherry" during National Conference on Research Process an Overview, ESCON 2022.

PROJECTS:

- “A Study to assess the effectiveness of photovoice in identifying the interest of autism children in view to reframe autism in selected autism centre, at Puducherry.”
- A study to assess the effectiveness of health promotion program on reproductive health among visually challenged adolescent girls in Anandharangapillai government special school at Kalapet, Puducherry.

CONFERENCE ATTENDED:

International conference/ symposium:

- Millennium Development Goal: Challenges To Challenge” At MTPG&RIHS.
- Voice of midwives- “revitalizing the reproductive health”
- Infection control in ICU- “role of nursing professionals”
- “Emerging Approaches in Advance Nursing Practice” as a Delegate conducted at Karpaga Vinayaga College of Nursing 2016.
- Bioethics in Health Sciences BIOETHICON 2019. SRMMCH&RC.

National conference/ symposium:

- STRESS MANAGEMENT AND GOAL ACHIEVEMENT” At Raak Nursing And Paramedical College 2016.
- “A New Vision For Strengthening Nursing Management” As A Delegate At Adhiparasakthi College Of Nursing, Melmaruvathur 2017.
- “Mother & Child Nutrition: Challenges, Success Stories And Way Forward” As A Delegate Held At MTPG&RIHS, 2017.
- “Disaster Preparedness-Engaging The Community Volunteerism And Disaster Management” As A Delegate At Adhiparasakthi College Of Nursing, Melmaruvathur 2016.
- Work Ethics In Nursing Profession
- Techno Care In Nursing Practice
- "Research Process an Overview" , E.S. College of Nursing, Villupuram.

State Level conference/ symposium:

- “Disaster Management” Medical University, Chennai.
- Nursing and health care- “issues and challenges”
- Sustainability in excellence: maximizing skills in critical care, VMCON, Puducherry 2019.
- On “Nursing & Health Care – Issues & Challenges” at Sri Manakula Vinayagar Nursing College, Madagadipet.
- Dynamic Role of APRN: A new insight to pediatric emergencies, ICON, 2019.

VIRTUAL CONFERENCES/ WEBINAR:

- Investing in the future of Nursing, GINRAF 2022
- Clinical Approach to pediatric Respiratory Disorders in pandemic, ESCON 2022.
- Educational Technology, Pushpagiri CON 2022.
- Entrepreneurship: A tool for sustainable employment focused on Nursing, SIMATS, Chennai 2022.
- *MIMS Academy 2022*
 - Biojometrics of the publications
 - Virtual Boot Camp
 - E- content Development
 - Intellectual Property Rights and it's application in the field of Medicine
 - Bioliometrics of the Publications
- Microbes and Wound Healing, Indian society of wound Management & Asian Wound Care Association 2021.

- Pandemic Panorama Futuristic Vision on Educational Community, NTAI 2021.
- *INDIRANI COLLEGE OF NURSING 2021*
 - Learning Outcomes
 - Learning Management System
 - Emerging Challenges in Covid-19
- *VINAYAKA MISSION COLLEGE OF NURSING 2020*
 - Newborn Health Challenges in India
 - Cell Factories - Are We Entering into an era where Organ Transplantation is Obsolete
 - Pandemic Preparedness & Future Challenges in Nursing Administration.
- International Webinar on Clinical Experience through Simulation and Evaluation through Objective Structured Clinical Evaluation, GRT College & School of Nursing, Tiruttani 2020.

CNE:

- Role of nurse in HIV care

Workshop:

- Nursing Skills in Newborn care, JIPMER 2019.
- Disaster management for nurses,
- ABC of Learning and Teaching in Nursing: Teaching Large Groups", MTPG&RIHS 2020.
- Ladder towards toxicology, ICON 2019.
- Development of e-Content Delivery Management System, TACW 2022.

KEY SKILLS:

IN CLINICAL	IN CLASSROOM
<ul style="list-style-type: none"> ➔ Strong clinical skills and knowledge ➔ Team working ➔ Actively assisted in nursing procedures 	<ul style="list-style-type: none"> ➔ Strong teaching skills ➔ Ability to coordinate and control students

ADDITIONAL NURSING PROGRAMMES:

- Awareness and prevention of hepatitis.
- Stroke: A major difference
- CME on wound management
- GFATM-NACO
- BPAD

PARTICIPATION:

- National AIDS day -2013
- Voluntary blood donation -2013
- Pulse Polio Immunization -2014
- Village nutrition day, Sathamangalam -2019
- Has been a student nurses association member and worked as secretary post in our college committee for one year.
- Breast feeding week celebration (Rally, Poster Presentation).
- Celebrated the diabetic week by diabetic food stall at SMVMC&H.
- Created the awareness among people on Mental Health Awareness week through rally at Kalitheerthalkuppam, Madagadipet.
- Has been awarded second place in Quiz Contest in "Leprosy Awareness" On National Leprosy Elimination Program.
- "Social Service Camp" organized by the Department of Women and Child Development.

- Paramedical wing zonal meet and underwent training in BLS, IMA-TSB 2022
- RNTCP training, DTC, Villupuram 2022

OTHER PROFICIENCY:

1. Has passed in Typewriting English (junior grade with distinction) 2014.
2. Certified as successfully trained Level-1 on Computer Office Applications 2011.
3. Vision for wisdom-aliyar- yoga session completed with distinction 2014.
4. Has completed a period of two years as NSS volunteer and has done satisfactory work and attended NSS special camp held under the theme Healthy Public Sanitation and Personal Hygiene 2013.
5. Has undergone the certificate Course in Fashion Technology 2013.

PERSONAL PROFILE

Name : Pramila.R
Father Name : Ravikumar. S
Date of Birth & Age : 05.07.1996 (26 years)
Nationality : Indian
Religion : Hindu
Language Known : Tamil, English.
Sex : Female
Marital Status : Single

DECLARATION

I hereby declare that above mentioned information are best of my knowledge and take responsibility for the above mentioned particulars.

Place: Puducherry
Date:

Yours sincerely
(PRAMILA.R)