

Recognized by Indian Nursing Council. New Delhi, Tamilnadu Nurses and Midwives Council Chennai,
Affiliated to TN Dr. M.G.R. Medical University, Chennai
Chennai Trichy Highway (NH-45), E.SNagar, Via Vikkravandi, VSalai,
Villupuram Dt. 605652

LIST OF VALUE ADDED COURSES

YEAR	PROGRAM	CLASS
2020-2021	COMMUNICATION SKILLS& INTER PERSONAL RELATIONSHIPS	IST B.SC
2020-2021	YOGA	II .B.SC
2020-2021	SKILL TRAINING PROGRAM	III. B.SC
2020-2021	LEADERSHIP SKILLS & HUMAN RELATIONS	IV B.SC

PRINCIPAL

E.S. College of Nursing,
E.S. Nagar, V.Salai,
Villupuram-605 652.



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TRAINING ON COMMUNICATION SKILLS& INTERPERSONAL RELATIONSHIPS

Name of the Program

: Training on Communication Skills & Interpersonal relationships

Date

: 06.09.2021 & 07.09.2021

Organized By

: ESCON

Participants

: I YEAR B.SC NURSING (88 –students)

Outcome

: Students Developed skills on communication

Conducted by

: MRS. R RAJESHWARI, Assistant Professor of English, TACW

: DR. KALAIMATHI, DEAN OF THE RESEARCH

PHOTOS OF THE EVENT





PRINCIPAL

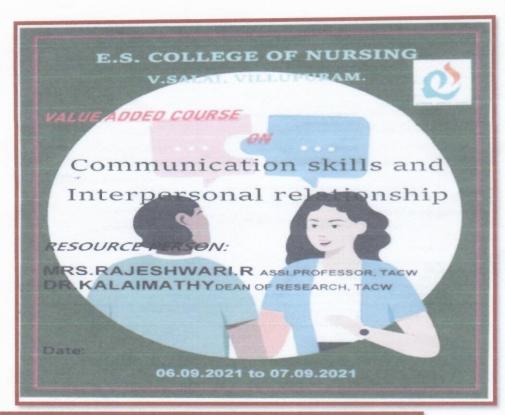
E.S. College of Nursing;
E.S. Nagar, V.Salai,
Villupuram-605 652.

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E.S COLLEGE OF NURSING, VILLUPURAM

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DAY-1 SCHEDULE 9.00-9.30 am	TOPIC		
	TOPIC		
9.00-9.30 am			DURATION
	Registration		30 minutes
9.30-10.00 am	introduction		1 hour
10.00-11.00 am	Importance Effective communication skill		1 hour
11 00-11 15 am	Break		15 minutes
11.15-12.15 pm	Mastering of communication skill		1 hour
12.15-1.00 pm	Lunch break		45 minutes
1 00-2 00 pm	Building greater confidence		1 hour
2.00-3.00 pm	Group activities on application communication skills		1 hour
3.00-3.15 pm	Break		15 minutes
3.15-4.15 pm	Developing listening skills		1 hour
4.15-5 00 pm	Feed back		45 minutes
DAY-1 SCHEDULE 9.30-11.30 am	TOPIC	DURA 1 hour	TION 30 minutes
11.30- 11.45am	break	15 min	
11.45-12.45 pm	Mastering emotional intelligence	1 hour	
2.45-01.30 Lunch break 45 min		utes	
pm			
1.30-3.00 pm	Group Activities on IPR Skills	1 hour.	30 minutes
	Group Activities on IPR Skills break validation	1 hour. 15 min	

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YOGA

Name of the program

: Yoga

Program organized by

: ESCON

Chief Guest

: Mr. Venkatesan, Yoga Trainer

Date

: 28.02.2020 & 29.02.2020

Participants

: II ND YEAR B.SC. NURSING (92 students)

Outcome:

students on "IMPROVING SELF CONFIDENCE".

Addition to the highlight of the programme the various yoga techniques & meditation practices was

demonstrated.

PHOTOS OF THE EVENT





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SKILL TRAINING PROGRAM

Name of the Program : Skill Training Program

Topic : Hands Training

Date : 1.11.2021 & 2.11.2021

Chief Guest : DR. KALAIMATHI, DEAN OF THE RESEARCH

No.Of. Beneficiaries 57

Activities : Explained About the Mechanical Device Operating

System(Uv-VisiblSpectrophotometer,Spectroflurometer,

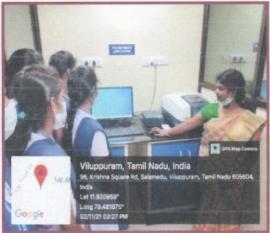
Ft/Ir Spectroflurometer, and Co2 Incubator)

Outcome : Knowledge Enhanced In Relation To Operating Above

Said Devices.

PHOTOS OF THE EVENT





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LEADERSHIP SKILLS & HUMAN RELATIONS

Name of the Program

: Leadership Skills & Human Relations

Date

: 28.08.2020 & 99.08.2020

Organized By

: ESCON

Conducted By

: Centre for Life Support Academy

Students Participated

: IV YEAR students (96)

Outcome

: Students benefited by this course and developed their skills.

LEADERSHIP SKILLS & HUMAN RELATIONS





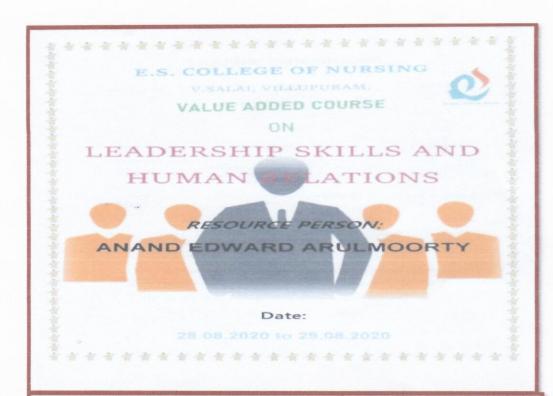
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PROGRAMME SHEDULE

SCHEDULE	TOPIC	DURATION
9.00-9.30 am	Registration	30 minutes
9.30-10.00 am Inaugural session, leadershi introduction		1 hour
10.00-11.00	Qualities of leader	1 hour
11.00-11.15 am	Break	15 minutes
11.15-12.15 pm	Types of leadership	1 hour
12.15-1.00 pm	Lunch break	45 minutes
1.00-2.00 pm	Application of leadership qualities	1 hour
2.00-3.00 pm	Group activities on application leadership qualities	1 hour
3.00-3.15 pm	Break	15 minutes
3.15-4.15 pm	Developing leadership skills	1 hour
4.15-5.00 pm	Feed back	45 minutes

DAY-1

SCHEDULE	TOPIC	DURATION
9.30-11.30 am	IPR	1 hr, 30 minutes
11.30- 11.45am	break	15 minutes
11.45-12.45 pm	communication	1 hour
12.45-01.30 pm	Lunch break	45 minutes
1.30-3.00 pm	Human relations contrasting in nursing	1 hr, 30 minutes
3.00-3.15 pm	break	15 minutes
3.15-4.30pm	validation	1 hr, 15 minutes

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