




## **E.S COLLEGE OF NURSING, VILLUPURAM**

Recognized by Indian Nursing Council, New Delhi, Tamilnadu Nurses and Midwives Council Chennai,  
Affiliated to TN Dr. M.G.R. Medical University, Chennai

Chennai Trichy Highway (NH-45), E.S.Nagar, Via Vikkravandi, VSalai,  
Villupuram Dt. 605652

### **LIST OF VALUE ADDED COURSES**

<b>YEAR</b>	<b>PROGRAM</b>	<b>CLASS</b>
2019-2020	NUTRITIONAL SKILL PROGRAM	IST B.Sc
2019-2020	FIRST AID TRAINING	II .B.Sc
2019-2020	DISASTER MANAGEMENT	III. B.Sc& IV B.Sc

  
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### NUTRITIONAL SKILL TRAINING PROGRAM

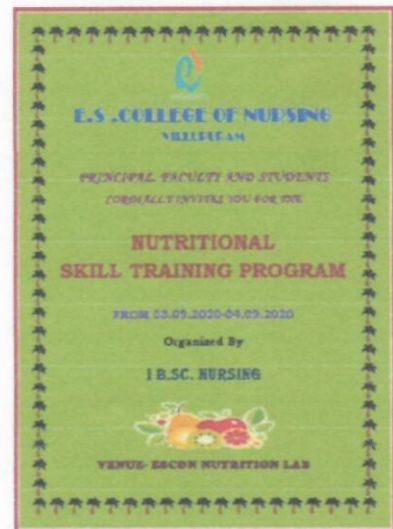
**Name of the Program** : Nutritional Skill Program  
**Date** : 03.09.2020 & 04.09.2020  
**Organized By** : Skill Development Cell  
**Chief Guest** : Mrs. Porselvi Principal  
**Participants** : B.Sc I YEAR (92 students)

**Outcome:** Our students had prepared therapeutic diet and balanced diet through food demonstrations it helped students to develop their skill and also helped them to learn the nutritive value of foods.

#### COOKING DEMONSTRATION



#### INVITATION



*P. Selvi*  
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### **PHOTOS OF THE EVENT**

#### **DEMONSTRATION OF FIRST AID**



#### **DEMONSTRATION BY STUDENTS**



  
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### **FIRST AID TRAINING**

<b>Name of the Program</b>	: First Aid Training
<b>Organized By</b>	: Medical Surgical Department, ESCON
<b>Date</b>	: 15.04, 2019-16.04.2019
<b>Conducted By</b>	: St, Johns Ambulance Training Institute
<b>Participants</b>	: II Year B.Sc. Nursing (63 Students)
<b>Outcome</b>	: Students Gain Knowledge on First Aid Management

**Important topics covered:** Recognizing an emergency, triaging dos and don'ts for calling for an ambulance resuscitating and bleeding control Splinting, immobilizing, maintaining position familiarizing the contents of first aid kit

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### DISASTER MANAGEMENT

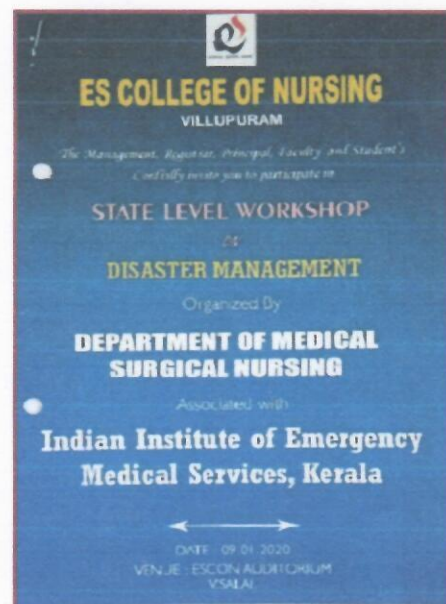
**Name of the Program** : Disaster Workshop  
**Date** : 09.01.2020  
**Organized By** : Medical Surgical Department, ESCON  
**Participants** : III B.SC& IV B.SC, (184 students)  
**Conducted By** : IIEMS


#### Main Objectives of the Program Are

To reduce or avoid the human, physical and economic losses suffered by individuals, by the society and by the country at large

Reduce personal suffering and speed recovery and students were taught and trained how to manage and rescue the victims.

### DISASTER MANAGEMENT WORKSHOP



  
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